



MAMA'S MINERALS

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Crystals, Energy, and Healing Workshop

Presented by Marcia Stevenson

An introductory class in the use of crystals to assist us in balancing all aspects of our being, based on the work of Katrina Raphael, founder of the Crystal Academy of Advanced Healing Arts.

Workshop Fee: \$30.00

Participants in this class will explore:

- the energies of a variety of crystals and stones
- the chakra system
- the connection between chakras, colors and crystals
- our personal energy/auric field

Learn

- basic energy balancing with crystals
- basic energy charge

Chakra Pouch Included:

1. smoky quartz, obsidian, snowflake obsidian-black
2. carnelian,-red/orange
3. citrine, topaz-orange/yellow
4. green aventurine-green
5. rose quartz-pink
6. blue lace agate-light blue
7. amethyst, fluorite-purple
8. clear quartz-clear or gold

Join us on _____ at _____.

Marcia became interested in gemstones and crystals in the late 1980s when she worked for a respected jewelry company. This led her to study with Katrina Raphael at her Crystal Academy in Taos, New Mexico. Marcia realized she was attracted to stones and crystals because of their light and color and came to deeply appreciate their energy and willingness to serve. After completing the beginning class and using crystals with friends, Marcia was drawn to complete the intermediate, advanced and graduate classes over the next several years and to open a practice using the methods developed by Katrina. Marcia continues to work with crystals to bring light, color and energy into her life and into the lives of others. She says: "We are energetic beings and sometimes life events cause us to shut down or close off part of our energy. Crystals resonate at a molecular level and can help bring light and energy to blocked areas of our energetic body."

Marcia studied reiki and uses those techniques to enhance her crystal work. Her interest in wellness also led her to become a medicinal herbalist after two years of intense study with a Native American teacher. Marcia has a Master's degree in education and enjoys teaching classes that bring forth the power of Nature in crystals and herbs.